



State of Maryland
Behavioral Health Advisory Council
55 Wade Avenue – Catonsville, Maryland – 21228

Behavioral Health Advisory Council

Minutes

June 17, 2014

State Drug and Alcohol Abuse Council Attendees: Gail Jordan-Randolph (by phone), Jodie Chilson, Michael Ito, Kathleen O'Brien, Gray Barton, Carlos Hardy, Larry Dawson, Mary Pizzo, Martha Danner, Rebecca Hogamier, Tracey Myers-Preston, Carmen Brown, Kimberly Morris, Kathy Rebbert-Franklin, John Winslow, Lori Brewster (by phone), Lawrence Simpson (by phone), Jodie Chilson, Jeanne D. Cooper, Patricia Arriazo, Jaclin Warner Wiggins,

Maryland Advisory Council Members: Sarah Burns, Chair; M. Sue Diehl, Vice Chair; Mike Finkle, Dennis McDowell, Robert M. Pender, Charles Reifsnider, Anita Solomon

Maryland Advisory Council Members Absent: Gerald Beemer, Richard Blair, Jaimi L. Brown, Michele Forzley, Joshana Goga, Edwin C. Oliver, Joanne Meekins, Livia Pazourek, John Scharf, John Turner, Sherrie Wilcox

Individuals highlighted as such are resigned members who have not yet been replaced.

PL 102-321 Council Members Present: T.E. Arthur, Coordinator; Michael Bluestone, Naomi Booker, Eugenia W. Conolly, Herb Cromwell, Jan Desper, Victor Henderson, Jessica Honke for Kate Farinholt, Michael Ito for Robert Anderson, Julie Jerscheid, Jon Kromm, Dan Martin, Kimberly Morris for George Lipman, Alexis Moss, Cynthia Petion, Bob Pitcher for R. Terence Farrell, Sarah Rhine, Kathleen Ward, Phoenix Woody

PL 102-321 Council Members Absent: Lynn Albizo, Chicquita Crawford, Nancy Feeley, Vira Froehlinger, Ann Geddes, A. Scott Gibson, Frank Kolb, Michael Lang, Sharon Lipford, William Manahan, Jacqueline Powell, Linda Raines, Sheryl Sparer, Michelle Stewart, Jane Walker

MHA Staff Present: Lisa Hadley, Rachel Faulkner, Thomas Merrick, Robin Poponne, Iris Reeves, Greta Carter

Guests and Others:

Tim Santoni, University of Maryland-Systems Evaluation Center;
Ebele Onwueme, Maryland Disability Law Center

INTRODUCTIONS/ADOPTION OF MINUTES:

The combined meeting of the Maryland Advisory Council on Mental Hygiene/PL 102-321 Planning council (Joint Council) and the State Drug and Alcohol Abuse Council (SDAAC) was called to order by Joint Council Chair, Sarah Burns. Attendees introduced themselves. Respective minutes were reviewed and approved.

UPDATES ON THE BEHAVIORAL HEALTH INTEGRATION:

Dr. Jordan-Randolph thanked everyone as the process moves forward with the consolidation of the Mental Hygiene Administration (MHA) and Alcohol and Drug Abuse Administration (ADAA) on July 1, 2014. She gave an update on the following areas:

- The draft recommendations for the creation of the Behavioral Health Advisory Council has been reviewed and she supports the document.
- The Regulations Workgroup continues to meet and is outlining proposed regulatory updates.
- RFP is progressing for the administrative services organization (ASO)

In addition, Dr. Jordan-Randolph reminded the group of the priorities of the newly formed Behavioral Health Administration:

- Overdose reduction initiative
- Upcoming Press Release on status of Overdose deaths in Maryland
- Public Awareness Campaign on overdose prevention that will be launching soon

THE DIRECTORS' REPORTS:

Kathleen Rebbert-Franklin, Acting Director of ADAA, delivered the following report:

Public Awareness Campaign:

- Maryland will launch a Public Awareness Campaign, in several weeks, on Overdose Prevention. The campaign is aimed to educate the public on what an overdose looks like and how to prevent one from occurring. Emergency cards, posters and brochures will be given out, across the state, to educate the public.
- An anti-stigma campaign will collaborate with physicians and the public to diminish stigma associated with treatment services.
- Letters will be sent out to physicians about opioid use and opioid prescribing habits what role physicians can have in overdose prevention.

Overdose Prevention:

- Maryland will train approximately 2,000 individuals in FY 2014 to be able to carry and administer Naloxone. Legislation passed that allows for third party prescribing to family members, friends and associates – to assist someone at risk of dying from an opioid-related overdose when emergency medical services are not immediately available. DHMH is making available \$500,000 in FY 2015 for the continuation and expansion of training for this initiative. The program is providing training in most jurisdictions throughout the state of Maryland. If there are questions concerning this training, please contact the Treatment Coordinator at the local health department.
- The Prescription Drug Monitoring Program (PDMP) went live December 2013. The PDMP is a core component of the State's and many local jurisdictions' strategies for reducing alcohol and drug-related overdoses. PDMPs has been established by the Maryland Department of Health and Mental Hygiene (DHMH) and the Alcohol and Drug Abuse Administration (ADAA) to support healthcare providers and their patients in the safe and effective use of prescription drugs. The PDMP collects and securely stores information on drugs that contain controlled substances and are dispensed to patients in Maryland. Drug dispensers, including pharmacies and healthcare practitioners, electronically report the information that is stored in the PDMP database in real time. This gives physicians real time information on how they should prescribe to their patients. This is an important tool which allows for safer prescribing throughout the State and it is important for all physicians to sign up. The program is connected with the state's health information exchange, so that only one portal is needed to access the information, which makes this program so unique among other States.

Lisa Hadley, M.D., J.D., Clinical Director, Mental Hygiene (MHA)/ Alcohol and Drug Abuse (ADAA) Administrations, provided the following Director's Report:

DATA SHORTS – Behavioral Health Data and Analysis:

Dr. Hadley provided copies of data shorts titled "Behavioral Health Integration: An Analysis of People Served". She gave an overview of the data shorts which included the following:

- The data shorts looked at the number of individuals that received mental health and substance use services in 2013.
- Data is based on approximately 12,000 individuals in our system that received both mental health and substance use services.
- It is anticipated that there will be more individuals that will utilize services as Maryland moves forward with conducting more screenings and early interventions.

Data Shorts is a new project release by the Mental Hygiene Administration (MHA) in collaboration with the University of Maryland, Systems Evaluation Center (SEC). Future data shorts will be released by the new Behavioral Health Administration (BHA).

Behavioral Health Integration (BHI):

Dr Hadley gave the following update on the Behavioral Health Integration:

- As the two administrations move into the final stages of the integration process, staff and consumers will not experience drastic changes in day to day operations. Many of the roles of staff remain unchanged.
- Dr. Erik Roskes has been hired as the Clinical Director of the DHMH Office of Forensic Services. Dr. Roskes will expand his role in working with our Mental Health Facilities. He will also move into working with the addiction side of Forensics. Dr. Roskes will be the key contact person in terms of the Behavioral Health Administration's relationship with the Courts and he will monitor data related to forensic admissions into hospitals and the status of frequent forensic court ordered individuals.
- DHMH is collaborating with the University of Maryland Psychiatry Residency Training Program to offer a 3 month elective in Public Administrative Psychiatry for 4th year (PGY 4) residents. This elective provides the resident with the opportunity to develop an understanding of the administrative aspects of managing a large public mental health system. The resident attends regular administrative, management, administrative planning meetings of DHMH and its community partners, at both the central and the regional level, and confers with DHMH leadership on key administrative processes.

PRESENTATION: Loreen Rugle, Ph.D. Program Director, MD Center of Excellence on Problem Gambling: Creating Problem Gambling Capable Programs

Dr. Rugle provided an overview of the Maryland Center of Excellence on Problem Gambling's mission, training and education efforts:

- The University of Maryland School of Medicine and the Maryland Council on Problem Gambling, funded by the Maryland Department of Health and Mental Hygiene (DHMH), bring together the best of credentialed experts in the treatment, training, education and prevention of problem gambling through the Maryland Center of Excellence on Problem Gambling ("the Center"). The Center initiates problem gambling prevention programming, a public awareness program, and some initial research efforts. The Center provides hope, help, and information by offering:
 - free and confidential 24-hour helpline, 7 days a week (1-800-522-4700)
 - training and development
 - evaluation and research
 - prevention and awareness education
- Over 5,500 participants have attended one or more educational event
- The helpline lists 66 approved Counselors in the State as resources for individuals with gambling problems.

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- Maryland held its 2nd statewide conference on Problem Gambling on June 13, 2014. Approximately 500 people attended the conference.
- Smart Choices Pilot Included 7 schools and over 200 students
- A documentary on problem gambling was presented on March 19th at 8 p.m. on Maryland Public Television (MPT). “Understanding Joy” is a revealing documentary on the destructive nature of gambling addiction. The one-hour special also featured a panel of experts, a call-in telephone bank to respond to viewers’ questions or requests for help, and a live Twitter feed. The documentary is now [streaming online](#) from MPT. Additionally, Understanding Joy will be re-televised on Tuesday, June 17th at 11pm on MPT-H and Friday, June 27th at 11pm on MPT 2.

For additional information please call 410-328-4710 or visit

<http://www.mdproblemgambling.com/>

COMBINED COUNCIL BUSINESS: Proposed recommendations of the Behavioral Health Advisory Council Workgroup toward the establishment of one Behavioral Health Council

Members of the Combined Council meeting discussed the proposed recommendations of the Workgroup and identified areas of concern. The consensus of the group decided that the workgroup would reconvene in July and address the following areas:

- Mission
- Vision
- Membership

The meeting was adjourned.

Please note, the Maryland Advisory Council will not meet in August, the Agenda for the September 17th Combined meeting with the State Drug and Alcohol Abuse Council and the Maryland Advisory Council will be posted on the Advisory’s Council’s web page, under the resources section, on MHA’s Web site www.dhmh.maryland.gov/mha.